

AUBRIANA "ANA" CONSTANTAKIS

TOP 5 SCHOOL CHOICES

PENN STATE
WVU
PITT
UNC
U PENN



RECENT HIGHLIGHTS

2023 - Regional Championship
3rd UB, 10th AA

2023 - State Championship
4th FX

ACADEMICS

- GPA: 4.25
- Major: Undecided

X-Cel Gymnastics - Xquisite Team
220 Executive Drive
Cranberry Twp, PA 16066

1st Year Level 10

Grad Year: 2026

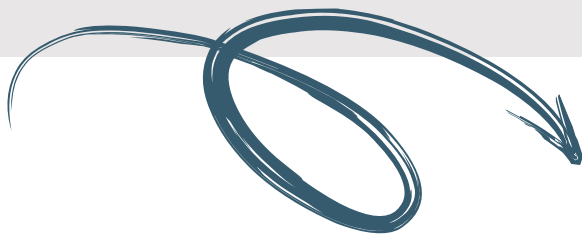
HOBBIES/INTERESTS OUTSIDE OF THE GYM

- Spanish Club
- Student Government
- Marching Band
- Special Olympics Volunteer
- St. Aidan Parish Volunteer




Head Coach

Lindsey Stancil
Email: lindseystancil@xcelgymnastics.com



 aubrianaconstantakis@gmail.com

 [@anaconstantakis.2026](https://www.instagram.com/anaconstantakis.2026)

 (724) 772-0055



AUBRIANA "ANA" CONSTANTAKIS

TOP D ELEMENTS

MALONEY
BAIL TO HS
DOUBLE BACK
SIDE AERIAL
BHS/LO
RO 2.5 DISMOUNT OFF BEAM



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VAULT

2023 Goals:

- Layed out Yurchenko

Long Term Goals:

- Yurchenko Full

BARS

2023 Goals:

- Maloney
- Toe Hand/Bail/Stalder
- Double Back

Long Term Goals:

- Blind Full/Double

BEAM

2023 Goals:

- BHS/ LO
- Side Aerial
- Double Full Dismount

Long Term Goals:

- 2.5 Dismount
- Side Aerial Connection

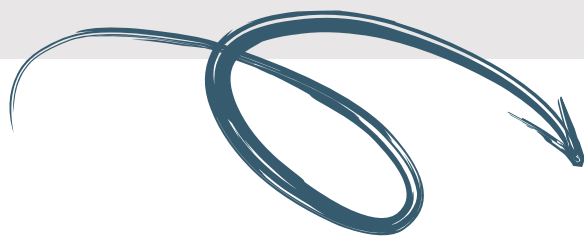
FLOOR

2023 Goals:

- Double Back
- Back 2.5
- Front Full/FLO


Long Term Goals:

- Blind Full/Double



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