

Mya North

Avonworth School District – Class of 2024 – GPA 4.3

YouTube: [Xquisite Gymnastics](#)
[Mya North](#)

Instagram: myanorth2024

X-Cel Gymnastics - Home of Team Xquisite

Head Coach-Lindsey Stancil

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Skills

Vault: Yurchenko Layout

Working: Yurchenko ½ & Yurchenko Tuck 1/1

Bars: Toe Hand/Pak, Pirouette/Staldered Shoot Up, Kip HS, Blind 1/2/Rudi Dismount

Also has: Front Giant

Working: Piked Jaeger

Beam: Front Aerial/BHS, 1/1 turn, Split Jump/Straddle Jump, Split ½ Sideways, Leap/Side Aerial, Piked Gainer off the end

Also has: Standing LOSO/BHS Swing Down, Front Tuck, Y 1/1 turn

Working: Onodi, Standing Switch Ring Jump, Switch ½, Tour jeté ½, Switch Leap/Gainer Dismount

Floor: Rudi/Split Jump, RO/1.5/FLO, Tour Jete ½ /Popa, Y Turn Full/Illusion Full, Tour Jete Ring 1/2

Also has: Front 2/2, Switch Ring, Switch Leap ½, Leg Lifted Full Turn

Working: FLO/F. 1/1, Double Back, Rudi/LOSO, Rudi/B. Full, RO/ 3/2 / F. 1/1

Career Highlights:

- 2022: L10: StarStruck 2022: 3rd UB
- 2021: L10: Regional Championship: 4th FX
- 2021: L10: Christmas City Classic: 6th VT, 4th FX
- 2021: L10: Stars & Stripes: 4th FX
- 2021: L10: Buckeye Classic: 7th VT, 6th FX
- 2020: L10 State Qualifier * COVID*
- 2020: L10 Fantasia Classic: 5th VT, 3rd FX, 5th AA
- 2020: L10 Excalibur Cup: 3rd VT, 4th FX
- 2019: L10 Texas Prime: 2nd UB
- 2019: L10 State Qualifier
- 2019: L10 Fantasia Classic: 2nd UB
- 2019: L10 Parkettes Invitational: 2nd BM