



JUNE 12-14, 2020

8:30-3:30 daily (lunch and snack breaks provided)

Xcel Gymnastics
220 Executive Drive
Cranberry Twp., PA 16066
724 772 0055

CAMP COST: \$600.00 per gymnast payable to: Xcel Gymnastics
Coaches Clinics Daily! \$250.00 per coach (½ of coaches with 10 athletes)
Contact: Cara Blumenschein
carablumenschein@xcelgymnastics.com 724 772 0055

6-7 hours a day of high energy gymnastics!
 Coaches Clinics Daily!

Athletes Level 2-Elite and Xcel
 National and International Instructors!

The goal of the camp is to give athletes the opportunity to work closely with some of the premier coaches in our sport, and to be instructed by former National and International gymnasts. This clinic will benefit the participants both physically and mentally. During camp we will provide an exciting experience on all four events and trampoline for gymnasts Level 2-Elite, and for members of the Xcel Program. New skills, drills and philosophies of training will be introduced. We know that this camp will have a profound impact, in the short term and throughout the athletes' gymnastics careers!

~2018 STAFF OF CAMP OF CHAMPIONS~

Joe Rapp Head Coach, Hawaiian Island Twisters	George Hery World Champion, Trampoline	Frank and Johnna Kudlac Achievers Gymnastics, Owner	Rhonda Faehn 3 time NCAA National Champion Coach 1988 Olympic alternate
Mike Hunger Head Coach, Twin City Twisters	Steve Arkell and Gariela Avilex-Arkell USA and Canadian National Team Coaches Co-Head Owners, Maverick Gymnastics, TX	Vladamire Artemov Olympic AA Champion 4 Time Gold Medalist	Kevin Mazeika 3 time Olympic Head Coach
Derick Moellenbeck National Team Coach	Daryn McCord Las Vegas professional dancer	Nomi Nilson Professional Dancer CA	Mik Nelke Camp Legend
Mike Lynch Olympic Coach	Brad Loan National Team Coach	Ivan Alexov National Staff	Mohini Bhardwaj De Freitas 2004 Olympic Silver Medalist, Team Captain, NCAA Champion
Raj Bhavsar 2008 Olympian	Pete Doyle Northern CA Coach	Byron Fonseca Rainbow Gymnastics, Owner	Shane De Freitas 1996 Olympian, Barbados
Jeff Lutz Gymnastics Plus, Owner/Head Coach	Terin Humphrey 2004 USA Olympian	Wally Meierarend GAGE Center Coach	Quin Shannon 2018 USA Educator of the Year

	Mary Wright Olympic Coach	Tony and Paula Gehman National Team Coaches	
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**Dan Alch's
Camp of Champions 2020
Registration**

Cost per gymnast: \$600.00 payable to Xcel Gymnastics

Cost per Coach: \$250.00 (½ off with 10 athletes!)

please send one check per gym to:

Xcel Gymnastics~ Att: Camp of Champions
220 Executive Drive
Cranberry twp., PA 16066

Gym Name: _____ Contact: _____
 email: _____ Phone: _____
 Address: _____

Coaches:

Name	USAG#	BKG	Safety	T-shirt Size
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Name	Level	Date of Birth	USAG #	T-shirt Size
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1.				
2.				
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12.				
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15.				

Total Campers _____ @ \$600.00 per gymnast: _____
Total Coaches _____ @ \$250.00 per coach: _____ (½ off with 10 kids!)
Total Balance Due: _____

Local Lodging and Places of Interest

Hampton Inn
210 Executive Drive
Cranberry twp., PA 16066
1-724-776-1000
breakfast included
(adjacent to the gym)

Pittsburgh Marriott North
100 Cranberry Woods Drive
Cranberry twp., 16066
844-753-0223

Home2Suites by Hilton
101 Cranberry Woods Drive
Cranberry twp., PA 16066
724 742 3800

To Do in Cranberry PA!

https://www.tripadvisor.com/Attractions-g52438-Activities-Cranberry_Township_Butler_County_Pennsylvania.html