

You deserve a

# Parents Night **Out!**

**SATURDAY, FEB 11TH**

**4:00-8:00 PM**

*We'll watch the kids!*

**Sign up online at [xcelgymnastics.com](http://xcelgymnastics.com)!**

**Please pre-register by February 6th for  
\$40 per child pricing!**

*Registration after February 6th & walk-in pricing  
(space permitting) is \$50 per child.*

**4 hours of FUN include:**

**Games ● Inflatables ● Trampoline Fun ● Pizza ● New Friends!**

**Children 3-1/2 - 12 years are welcome!**

*(Children must be potty-trained and independent to participate.)*

**Open to the public!**



**Children must be picked up no later than 8 p.m.**

**No refunds after February 9th.**

**xcelgymnastics.com ● (724) 772-0055  
707 Thomson Park Dr., Cranberry Twp.**

## STUDENT WAIVER

When you have any participant that is a minor, the parent or legal guardian should sign the name of the minor if the minor is not old enough to sign the waiver themselves. Also, have the parental consent portion signed by the parent and/or Legal Guardian. This waiver, when the parent gives parental consent for the minor, does not cover the parent if something should happen to the parent. This waiver only covers the minor. If the parent decides to participate in the same activity as the minor, please make sure the parent signs the Adult Waiver and this Student Waiver.

### RELEASE AND WAIVER LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT (" AGREEMENT")

In consideration of participating in gymnastics, cheer, ninja or special events, I represent that I understand the nature of this activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the activity. I fully understand that this Activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the condition in which the event takes place, or the negligence of the "releases" named below: and that there may be other risks either not known to me or not readily foreseeable at this time: and I fully accept and assume all such risks and all responsibility for losses, cost, and damages I incur as a result of my participation in the activity.

I hereby release, discharge, and covenant not to sue X-Cel Gymnastics, its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses, or damages, on my account caused or alleged to be caused in whole or in part by the negligence of the " releases" or otherwise, including negligent rescue operations and future agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my behalf, makes a claim against any of the releasees, I will indemnify, save, and hold harmless each of the releasees from any loss, liability, damage, or cost, which any may incur as the result of such claim.

I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement of assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

_____	____/____/____	_____	_____
Printed name of Participant	Date of Birth	Medical/Health Issues	Group Request
_____	____/____/____	_____	_____
Printed name of Participant	Date of Birth	Medical/Health Issues	Group Request

AND I, the minor's parent and/or legal guardian understand the nature of the above referenced activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the releasees from all liability, claims, demands, losses or damages on the minor's Account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasee may incur as the result of any such claim.

I hereby give permission for images of my child/children to be used for the purposes of X-Cel's internal attendance app.

I hereby give permission for images of my child/children through video, photo and digital camera, to be used for the purposes of X-Cel's promotional material and publications.

_____	_____	
Printed name of Parent/Legal Guardian	Phone Number	
_____	_____	
Address	Email	
_____	_____	
City/State	Signature of Parent/Legal Guardian	_____
		Date ____/____/____

## PARENTS NIGHT OUT INFORMATION

### Dress code...

All athletes must participate in bare feet - no shoes or socks, please. Girls may wear a leotard or a fitted shirt and shorts. No midriff shirts permitted. Hair must be pulled back. For boys, we recommend gym shorts and a t-shirt. No clothing with zippers or buttons. No jewelry or fitness trackers.

### To eat and drink...

Please send your child with a water bottle labeled with your child's name. Participants will be provided with pizza for dinner. Snacks may also be provided. If your child has a food allergy, please have your child bring his/her own food and snacks.

### Groups...

Participants will be grouped according to age and/or gender. If your child prefers to be grouped with a friend, please make note of it during registration.

### URGENT:

Please be sure the contact information provided is up to date should we need to get ahold of you during camp hours.