

# Amy Krueger

Class of 2019 - Vincentian Academy – GPA 5.22

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## YouTube:

[Xquisite- Amy Krueger](#)  
[Amy Krueger Channel](#)

## X-Cel Gymnastics - Home of Team Xquisite

Head Coach-Lindsey Stancil  
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## Skills:

**Vault:** Yurchenko layout 1/2  
**Working:** Yurchenko Layout 1/1

**Bars:** Shoot up to HB, Free hip, Blind ½, Shoot over, Double Back Dismount  
**Working:** Blind Full, Toe Handstand, Shushunova release

**Beam:** In Routine: Front Tuck, BHS/BLOSO, Switch Straddle, Split jump straddle ¼, RO 1 1/2 Dismount  
Also has: B. Tuck/ Split Jump, Switch Leap/ B. Tuck  
**Working:** RO 2/1 Dismount, Front Tuck connection

**Floor:** RO 1 ½ twist punch F. Pike, Switch Ring/ Popa, 1 ½ turn, Double Back, Rudi  
**Working:** RO 1 ½ twist punch Front LO, 2 ½ Twist, Double Pike

## Career Highlights:

- 2017: L10 Regional Championships – 2nd Vault – 9.65
- 2017: L10 State Championships – 3<sup>rd</sup> Vault
- 2017: Christmas City Classic – 1<sup>st</sup> Vault – 9.725
- 2016: L10 Regional Championships – 4<sup>th</sup> Vault, 8<sup>th</sup> Floor, **National Qualifier**
- 2016: L10 State Championships – 8<sup>th</sup> Beam
- 2015: L9 National Championships – 6<sup>th</sup> Vault
- 2015: L9 Regional Championships – 3<sup>rd</sup> Beam, 4<sup>th</sup> AA, **National Qualifier**
- 2015: L9 State Championships – 2<sup>nd</sup> Vault
- 2014: L9 Regional Championships – 5<sup>th</sup> Bars
- 2014: L9 State Championships – 4<sup>th</sup> Vault

## Other Accomplishments:

- 2016/2017 - Volunteer Tutor at Anchor Point Counselling
- 2016 – 6 A+ Academic Awards (97 or higher), Highest Honor Roll
- 2014/2015 – Gold Service Award for 100+ Service hours each year
- 2013/2014/2015 – Diocese of Pittsburgh Honors and All Star Bands – Flute

